

NSPCC
‘Learning’

Services for schools

Working together to keep children safe

England





We're here for every child and every school

The NSPCC is the UK's leading child protection charity, and we're committed to helping schools around the country keep their pupils safe.

Discover our range of products and services, all designed to help support school staff, parents and children.

How we're working with schools in England

In this booklet, you'll find information on all the different support and services the NSPCC offer in England.

We're committed to providing comprehensive services that help schools protect their pupils. We go into schools to present **assemblies and workshops** to children, and produce **teaching resources and lesson plans** for teachers. We also offer specialist **tools and training courses** to ensure additional support is there for those who need it.



➤ NSPCC Learning

is our website for professionals, with all the information, training and resources you need to keep children safe.

To find out more about any of the services and resources mentioned in this booklet, visit

nspcc.org.uk/learning

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➤ Resources for children and young people with SEND (Special Educational Needs and Disabilities) are highlighted in this format throughout the booklet



Services and resources for school staff

Our training, resources and additional support for schools have been specifically designed to help you safeguard children, and are invaluable in helping your school meet its safeguarding inspection requirements.

- + Online and face-to-face training
- + Safeguarding information and guidance
- + Lesson resources and guides for teachers

Online training courses for school staff

Our expert online training can take place anytime, anywhere and as many times as you like within one year. The courses are regularly updated to reflect changes in legislation, guidance and best practice, so you're up-to-date with the latest safeguarding developments. Prices start at £25.

Child protection in schools

For anyone working in schools or colleges, our 3-hour course will help you develop or refresh your awareness and understanding of child protection.

Child protection for school governors

Understand your safeguarding responsibilities and your role in creating a safer culture for the children and young people in your school. Our 3-hour course covers safeguarding and child protection policies, procedures, principles and practice.



All our online training courses are CPD certified.

Managing sexualised behaviour in schools

Increase your confidence in recognising and responding to harmful, problematic or inappropriate sexual behaviour displayed by children and young people. There are two versions of our 2-hour course, with one for primary schools and one for secondary.

Keeping children safe online

Developed by the NSPCC in association with the Child Protection Unit of the National Crime Agency (CEOP), our 4-hour interactive course will help you to understand how children use the internet and how to respond to risks they may face online.

99 per cent of our customers would recommend NSPCC eLearning courses.*

*We received 20,806 evaluation forms from people who had taken our courses between 1 January 2019 and 31 December 2019. 20,511 (99 per cent) said they would recommend the course they had taken.







➤ **SEND**

Safeguarding children and young people with SEND

This 3-hour introductory course will help you identify safeguarding concerns when working with children who have special educational needs and disabilities (SEND) and additional needs.

Safeguarding 16 to 25 year olds

Developed by the NSPCC in association with the Ann Craft Trust, our 3-hour course will help you to better understand your role in safeguarding young people or young adults at risk from abuse, neglect or harm.

Safer recruitment in education

This 4-hour course is for anyone responsible for recruiting, shortlisting and vetting the right people to work with children in schools or colleges.

Benefits of online learning

- + Flexible
- + Self-paced
- + Instantly accessible

- For further details and to register for an online course, please visit **nspcc.org.uk/training**

You can also find out about our child protection packages for primary or secondary schools. Purchase four online courses and get the cheapest for free: **nspcc.org.uk/schoolspackages**



Face-to-face training courses for school staff

Our face-to-face training courses take place across the country, all led by specialist child protection experts. They will guide you through a structured, interactive course tailored to suit a variety of learning styles. You'll also meet others working with young people, giving you the chance to work together to share ideas, experiences and learning. Prices start at £225.

Introduction to safeguarding and child protection

Our 1-day course will give you a clear understanding of how to recognise, report and record concerns about a child's welfare.

Safer recruitment in education

Recruit safely with our 1-day course for anyone working in education, or recruiting for roles in the education sector.

Designated safeguarding lead for schools and colleges in England (and refresher course)

Gain the knowledge and skills required for a lead safeguarding role in schools and colleges based in England with our 2-day course. A 1-day refresher course is also available.

Child protection supervision skills (and refresher course)

This 5-day course will increase your confidence to support staff with any child protection concerns they may have, and make sure that child-centred activities are delivered safely. A 2-day refresher course is also available.

Managing allegations of abuse

An advanced 1-day course on how to effectively manage allegations of abuse against staff and volunteers.

➤ SEND

Introduction to safeguarding d/Deaf and disabled children

This 1-day introductory course will improve your awareness, knowledge and understanding of the additional barriers, assumptions and attitudes that may impact the safety of d/Deaf and disabled children and young people.



We also offer 1-day training sessions led by NSPCC practitioners.

For all school staff who come into contact with children, including teachers, teaching assistants and safeguarding leads (please be aware that these workshops require completion of an NSPCC eLearning package prior to the session):

- Harmful Sexual Behaviour (HSB) primary school workshop
- HSB secondary school workshop
- HSB special education needs workshop

For a multi-agency audience (participants do not need any prior knowledge of the issues but would benefit from general safeguarding knowledge):

- Child Sexual Exploitation (CSE) foundation workshop
- Child Sexual Abuse (CSA) foundation workshop
- Neglect training workshop

➤ For further details and to register for a face-to-face course, please visit **nspcc.org.uk/training**

Safeguarding children

We can help you set up and follow good safeguarding policies and procedures to protect children.

Safeguarding consultancy

Trained NSPCC safeguarding consultants will work with you to build your confidence and strengthen your safeguarding policies and procedures.

We offer tailored safeguarding reviews, audits and development for all types of schools and groups.

- For more information, visit nspcc.org.uk/consultancy. Please get in touch to find out more about our activities and rates.

“The NSPCC’s involvement demonstrated to the students, parents and staff how seriously we take the whole (safeguarding) area. The NSPCC’s work, including the self-evaluation, was focused and professional. And the whole experience was reassuring and excellent value.”

Robin Street, UCL Academy



Safeguarding in Education update

Subscribe today and we’ll send you a free monthly email with education safeguarding and child protection news. Sign up at nspcc.org.uk/educationupdate

Safeguarding in Education Self-Assessment Tool (ESAT)

Use our tool to audit your school’s current safeguarding arrangements in line with the latest statutory and recommended safeguarding practices.

It can also help you to identify areas for development, so you can make any necessary changes. Register at nspcc.org.uk/esat





Lesson resources and guides for teachers



We offer a suite of free teaching resources and lesson plans to help your school keep children safe. To find out more, visit **nspcc.org.uk/schools**

Talk PANTS resources

A range of resources for talking to children about sexual abuse, including a lesson plan, teaching guidance, and guidance for early years and childcare settings.

For ages 4-8

Primary AGENDA

A toolkit for adults to help children explore ideas around positive relationships.

For ages 7-11

Making sense of relationships

Lesson plans covering the transition to secondary school, healthy and unhealthy relationships, online safety and consent.

For ages 10-16

It's Not OK

Films and accompanying lesson plans to reinforce the importance of building and maintaining positive relationships.

For ages 11+

Let children know you're listening resources

Helping adults respond to children who are disclosing abuse.

For all ages

➤ **SEND**

Love Life: Resources for young people with learning difficulties

Three films and activities for children with SEND which explore emotions, relationships and identity.

For ages 11+

➤ **Looking for more?**

For the latest research, child protection statistics, leaflets, practical guidance, briefings and evaluations, search NSPCC Learning at **nspcc.org.uk/research**

Guidance on Relationships and Sex Education (RSE)

Relationship education for primary school children, and relationship and sex education for secondary school pupils has been introduced as compulsory in all schools as of September 2021.

At the NSPCC, we believe comprehensive and inclusive education on relationships and sex is of vital importance – and our free lesson plans and resources can help your school deliver a high-quality programme of teaching on this crucial topic. This should be supported by a whole-school approach which champions peer respect and encourages help-seeking for any worries or concerns.



Why does RSE play a key role in schools?

- From the most recent UK-wide prevalence study, we know that one in five children has experienced severe maltreatment, and further child protection research suggests that roughly a third of all child sexual abuse is perpetrated by other children.
- We know that education programmes can improve children's understanding of what constitutes abuse or inappropriate behaviour, and can also increase the likelihood of young people coming forward to disclose experience of abuse.
- Evidence from research carried out with over 16s found that those who participated in these programmes were more likely to feel that the timing of when they first had sex was right and that both partners were equally willing, than those who did not.

➤ Please visit nspcc.org.uk/rse for our full list of RSE resources for schools.



Services for children and young people in schools

We also offer universal and targeted services directly to children and young people in the school setting. Our universal services are created for all children at certain ages and stages, while our targeted services address particular issues, and are offered in certain local areas.

+ **Universal services**

Speak out. Stay safe.
assemblies and
workshops

Childline

+ **Targeted services**

Children's services

Universal services

Speak out. Stay safe.

Our *Speak Out. Stay Safe.* programme is for children in key stage 1 and 2 (ages 5-11). The programme includes child-friendly, interactive assemblies and workshops, delivered by specially trained staff and volunteers who help children:

- understand abuse in all its forms and recognise the signs of abuse
- understand that abuse is never a child's fault, and they have the right to be safe
- know how to get help, and the sources of help available to them, including our Childline service.

To request a visit for your school, please visit nspcc.org.uk/speakout



“The pupils all carried a very positive message home with them and they had the opportunity to really think about who they might talk to about their worries if and when they need to.”

Acting principal, County Down

➤ SEND

Please note, we offer an adapted version of the programme for special schools, and also for Pupil Referral Units. Please contact schools@nspcc.org.uk for more information.



Childline

If a child at your school is worried about anything, they can always talk to Childline: the UK's free 24-hour helpline and online service for anyone under 19.

Children and young people can contact Childline about any worry, whether it's big or small – from abuse and bullying to exam stress and relationships. They can get in touch with a trained counsellor over the phone, by email or through our 1-2-1 online chat.

Young people can also access the Childline website, which provides advice on a huge range of topics, plus a space for peer support on the message boards. There's also a section designed for children under 12, where they can receive age-appropriate advice, play games, visit the 'Calm zone' and create art.

Childline posters and wallet cards

Our posters and wallet cards let children and young people know that Childline is always there if they need to talk.

Download or order from
nspcc.org.uk/childlineposters

➤ SEND

Childline deaf zone

For children and young people who are d/Deaf or hard of hearing, we've got lots of advice and support in British Sign Language (BSL).

"I just wanted to let Childline know that I started my new school on Monday and I love it. I am not afraid anymore. Thank you for helping me to deal with all my worries and fears."

Girl, 11

- Children and young people can get in touch via the website or helpline:

**childline.org.uk
childline.org.uk/kids
0800 1111**



Targeted services

Children's Services

Seeking Solutions

One-on-one support for children and young people in key stage 2-5 (ages 7-19) to support them to deal with problems affecting their life, happiness or well-being.

In Ctrl

A group work programme for children and young people aged 9-13 who may be more vulnerable to online sexual abuse. In Ctrl aims to reduce the risk of online sexual abuse by increasing children's digital resilience – helping them to stay safe online.

“As a school, In Ctrl is a vital service in our ongoing fight against the challenges the online world brings and the issues students bring to the classroom. Exploring the impact of social media on self-esteem and cyberbullying in a supportive and fun group environment is something unique the NSPCC offers.”

Headteacher, Coventry Secondary School

Protect and Respect - awareness raising

The awareness raising group work programme provides a safe and reflective space for young people aged 11-19 to learn about healthy relationships and consent.

As well as delivering services in schools, there are some services which schools can refer pupils to:

- **Family Focus** – an assessment that helps staff working with families to understand the types of issues families are facing, and determine what support they might need.
- **Letting the Future In** – a therapeutic support service to empower young people who have been sexually abused, to recover and rebuild their lives.
- **National Clinical Assessment and Treatment Service (NCATS)** – assessment, treatment, consultation and training for and about children and young people who display harmful sexual behaviour.
- **Protect and Respect - support and protection** – tailored support for the child and their parent or carer where there are concerns that a child or young person is experiencing exploitation.
- **Turn the Page** – a service to help children and young people overcome feelings that have made them display harmful sexual behaviour.

➤ To find out which services are available in your area, please visit **nspcc.org.uk/service-centres**





Services and resources for parents

We know that parents often turn to schools for advice and support. We can help, with services and resources created especially for parents.

- + **Talk PANTS**
- + **Online safety resources**
- + **Helplines**



Talk PANTS

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides a simple but valuable rule that can help children understand what abuse is and how to speak out about it. And with the help of our materials and friendly dinosaur, Pantosaurus, it can be roarsome fun too!

Online safety resources

Net Aware

Net Aware is an online tool created in partnership with O2 that informs parents and carers about popular sites, apps and games that children use. They can also sign up to our online safety newsletter to keep up with digital trends. For more information visit www.net-aware.org.uk

“We can’t afford to shy away from conversations that feel scary – they don’t have to be if you just talk PANTS!”

Carol, a mum who talked PANTS

➤ SEND

We have a range of Talk PANTS guides (suitable for children ages 4-8) for parents and carers, including guides for parents of children with learning difficulties and autism – all in different languages.

We also have a Talk PANTS British Sign Language (BSL) video available for parents and carers of children who are d/Deaf or hard of hearing.

Online safety printable resources

The NSPCC and O2 have also created resources to help parents and carers kick start conversations with their child about staying safe online. They can set new rules with our family agreement template, or use our colouring in sheets to find out how much their child really knows about the online world. Available in nine different languages from www.net-aware.org.uk/resources

Keeping children safe online – workshops and webinars

The NSPCC offers workshops and webinars for parents and carers, which cover the positive aspects of children using the internet, as well as the potential risks and concerns that families might have. To organise a session, please contact parentworkshops@nspcc.org.uk

- Find out more and see all the Talk PANTS resources at nspcc.org.uk/pants

Helplines

➤ Talk to us

Lines are open
Monday to Friday,
9am-7pm

Whether you're looking for advice, or are worried about a child, we've got a range of helplines to support you.

The NSPCC helpline

While we understand that your school will have procedures and policies in place for safeguarding issues, we recognise that if you're working with and supporting children and families, sometimes you might need to talk through concerns with a specialist outside of your organisation. Our helpline is open every day and is staffed by trained child protection professionals.

0808 800 5000
help@nspcc.org.uk
nspcc.org.uk/helpline

FGM helpline

Offering advice, information and support to anyone concerned that a child is at risk because of female genital mutilation.

0800 028 3550
fgmhelp@nspcc.org.uk

Whistleblowing advice line

If you're worried about how child protection issues are being handled in a school or another organisation, you can talk to us in confidence.

0800 028 0285
help@nspcc.org.uk

Gangs helpline

Our helpline offers advice, information and support to anyone concerned that a child or young person is involved in or at risk from gangs.

0808 800 5000

“We all know the impact we collectively can have when acting to protect children. Our helpline provides the very best opportunity for adults concerned about the welfare of children to seek advice and assistance.”

Kamaljit Thandi,
Head of NSPCC Helpline and CTAC





Supporting our work

Whether you get the whole school involved in our exciting fundraising events, or tackle a challenge yourself, you can raise money to help us be there to protect more children and prevent abuse.

+ Fundraising as a school

Fundraise with Buddy

Number Day

Childhood Day

+ Do your own fundraising

Runs, cycles, treks and challenges

Whatever you do, do it for the NSPCC

► To find out more about anything in this booklet, please email schools@nspcc.org.uk

Fundraising as a school

Fundraise with Buddy

We can build in all sorts of fundraising activities as part of *Speak out. Stay safe.* and use Buddy (our *Speak out. Stay safe.* mascot) for this – whether it's getting active for Buddy's Workout or tackling Buddy's Wordplay.

Speak to us about this when you sign up for *Speak out. Stay safe.*

Number Day (February)

It's maths, but not as you know it! We provide the resources, you deliver the lessons. It's a fun way to celebrate the importance of maths, all while fundraising to support our work to protect children.

nspcc.org.uk/numberday

Childhood Day (June)

Childhood Day is a time for us to stand together for childhood and against abuse.

nspcc.org.uk/childhoodday

Do your own fundraising

Runs, cycles, treks and challenges

You can help change children's lives by joining #TeamNSPCC and tackling a personal challenge. Whether you're a seasoned athlete or you've never taken part in an event before, there's a challenge for you. Will you run, trek, or how about a skydive?

nspcc.org.uk/events

Whatever you do, do it for the NSPCC

Whether you bake up a storm or dive right in with a swimathon, do your own fundraising for the NSPCC and every pound you raise will help protect children and prevent abuse. We've got lots of fundraising ideas to get you started.

nspcc.org.uk/diy



"I recently changed career from pharmacy to primary school teaching, and now that I am in a profession working with children I felt the NSPCC would be the perfect charity to run for, as it is close to me."

Sarah Dooley,
Cardiff Half Marathon participant

NSPCC 'Learning'

NSPCC Learning is here to provide professionals with all the tools, training and resources needed to keep children safe. To find out more, visit **nspcc.org.uk/learning**

To find out more about anything in this booklet, please get in touch.

➤ Email **schools@nspcc.org.uk**

If you can't find what you are looking for on NSPCC Learning, or have a question about child protection or safeguarding, please contact the Knowledge & Information Service. We provide quick and easy access to the latest information, guidance and research to help you to safeguard children and young people.

➤ Visit **nspcc.org.uk/information-service**



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